September-December 2012



Services and Programs:

- ACE Program
- SCORE Program
- DWI Program
- SAIOP
- Individual and Group Therapy

*Learn more about these programs and services on

Looking Forward to 2013:

Sigma Health Services will be have a team of surveyors coming in to assess our programs for accreditation. We received our first accreditation in 2009, and now it's crunch time to have it renewed!

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Welcome to Sigma

Meet Our Staff



James Ward: CEO and Executive Director.
MBA, QP



Thomas Watkins: Clinical Director/Addictions Specialist CSAC, LCAS, CCS



Erwin Chasteen: Therapist and Bilingual LCAS



Sherisse Bailey: Therapist LCAS



Tyris Casey: Clinician QSAP



Pamela Marsh: Clinician CSAC



Jamie Horton: Administrative Manager BA, QP



Eric Sepulveda: Intake Specialist CSAC-I



Michelle McDonald: Intern/Administrative Assistant BA, CSAC-I

Not Pictured:

Wanda Evans: SCORE Program Coordinator Margie Holmes: SCORE Program Coordinator Dawad Norville: Transportation Coordinator



Take a Look at the Programs we have to Offer

Sigma Health Services, LLC is a CARF accredited substance abuse and mental health agency. Were committed to elicit positive change by providing clinically sound, person-centered substance abuse and mental health services to individuals and families. The programs we offer are SAIOP, ACE, SCORE, and DWI.

SAIOP or Substance Abuse Intensive Outpatient Program that includes structured individual and group addiction activities and services. This outpatient program is designed to assist adult and adolescent clients to begin recovery from substance abuse and learn skills for maintenance of sobriety. Sigma offers lunch and transportation to those who join of program.

ACE Program or Alternative Counseling Education is approved by the Wake County Public School System for long term suspension. During the program the student and legal guardian will participate in group to complete their 12 hours of alternate education for substance abuse. We have offices in Wake Forest and in Raleigh to fit everyone's needs!

SCORE Program or Second Chance Online Resource Education is committed to reducing long term suspension and maintaining student learning. Here at Sigma's computer lab we offer students the opportunity to regain the confidence and education back into their lives. Students will be engaged in an online learning environment to make sure they move forward, not backward, even while separated from their schools.

Our new DWI program will surely be helpful to clients facing charges. Sigma can help navigate this frustrating process and help you complete the DMV requirements necessary for the restoration of your driving privileges. We provide DWI services such as: Assessments, Short/Long Term Outpatient Programs, as well as an Intensive Outpatient Substance Abuse Program.

Please feel free to forward this Newsletter to other colleagues or facilities for client referral purposes.





Location, Website, and Office Numbers

Address: 8368 Six Forks

Road, Suite 102

Raleigh, NC 27615

Office: 919-848-9108

Fax: 919-848-9109

Call our Intake Specialist today for an appointment!



www.sigmahealthservices.com

E-mail: in-

fo@sigmahealthservices.com

We accept:

Medicaid, Health Choice, Blue Cross & Blue Shield. Cash, Checks, VISA, Master-Card